

Biologic Graft Pre and Post Treatment Instruction (PRP, BMC and Lipoaspirate)

Before Treatment:

o If you are taking anti-inflammatory medication (i.e.: Motrin, Naprosyn, ibuprofen, Aleve, Celebrex, high dose aspirin, etc.) please discontinue 7 days prior to treatment. You DO NOT need to stop taking low dose aspirin, acetaminophen or any other daily medication.

o If you are currently on Coumadin, Plavix, Lovenox, Pradaxa or other blood thinners we ask that you speak to your PCP/specialist and receive their permission to discontinue for 3 days prior to treatment and resume the evening after treatment. you understand the risk of stopping these medications may lead to significant illness or even death.

o Alert the staff if you have an allergy to anesthetics such as lidocaine, Marcaine, latex, bandages or skin preparation solutions.

o Please wear comfortable, loose-fit clothing, sports bra or shorts, depending on the site to be treated.

o Follow your normal daily routine on the day of your procedure, and make sure to drink plenty of water and eat!